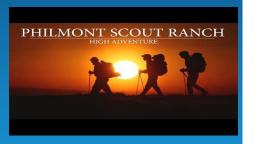


Philmont Scout Ranch Planning Presentation Brewster Troop 1

March 5, 2019







Who?

- Brewster Troop 1's Philmont Group will be made up of 16 & 17 year old Scouts plus 7 Leaders.
- Participants from our Troop will be separated into two Brewster Groups. The two Brewster Groups will not overlap during the hiking, but will travel to and from Philmont together.



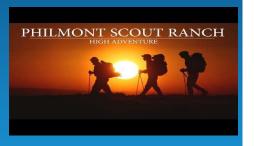




Where?





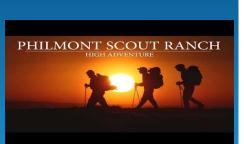




What?

- Philmont is a BSA High Adventure Camp with Backpacking and Activities.
- Philmont Scout Ranch provides an unforgettable adventure along its hundreds of miles of rugged, rocky trails. Program features combine the best of the Old West— chuckwagon dinners, demonstration forest, rappelling, Ranger training, homesteading, campfires, and interpretive history—with exciting challenges for today—pole climbing and rock climbing—in an unbeatable recipe for fast-moving outdoor fun.

Attendees



Scouts

Gian	Cercena
Matt	Clark
Anthony	Consentino
Kyle	DeSantis
Andrew	DiFabbio
Gregory	Guarna
Nicky	Haywood
Steven	Mattson
Riley	McCullough
Liam	Payne
Anders	Roll
Keith	Rusinko
Steven	Santamorena
Paul	Schmidt
Michael	Seaman

Adults

Stan	Haywood
Steve	Mattson
Adam	Payne
Evan	Payne
Bill	Roll
Steve	Santamorena
Perry	Verrino







The Treks...

7-1 Challenging - 25 miles Camping & Hiking Highlights

- Hart Peak 7,975 ft.
- North Ponil Canyon
- **Ewells Park**
- Miranda's Meadow

Program Highlights

- **Cowboy Action Shooting**
- Spar Pole Climbing
- T-Rex Track
- Muzzle Loading Rifle

Conservation

- Day 3 Indian Writings
- **New Trail Construction**

7-2 Challenging - 27 miles

Camping & Hiking Highlights

- Tooth of Time 9,003 ft.
- Shaefers Peak 9,413
- Aquila Camp
- Rayado River

Program Highlights

- Rock Climbing and Rappelling
- Spar Pole Climbing
- **New Mexican Homestead**
- Land Navigation & Geocaching

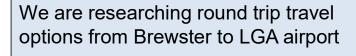
Conservation

- Day 5 Crater Lake
- **New Trail Construction**

Details in your printed packet



Travel logistics to-from LGA...



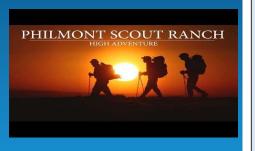
Scouts will travel in Class A Uniform

IN PROSTOSS











Thursday 8/8

- Drive to LGA Airport from Brewster
- Fly to Denver United Flight 2140 LGA-DEN Leaves 10:05 AM –
 Arrives 12:37 PM
- Blue Sky Adventures (Tour Company) picks us up from the airport and will drive us to Marriott Hotel in Denver, provide meals and take us to Philmont on Friday 8/9

Friday 8/9

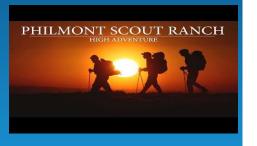
- Bus Transportation from Denver to Philmont (about 4 hours). Using the day to get accustomed to the higher altitude.
- Start our 7 Days at Philmont!

Next Friday 8/16

- Departure Day from Philmont. Blue Sky drives us to Denver airport.
- United Flight 1013 DEN-LGA Leaves 5:35 PM Arrives 11:09 PM









Itinerary - Blue Sky Tours:

August 8, 2019

- Pick up at the Denver International Airport.
- Lunch A Scout is Hungry! Blue Sky will have a bag lunch waiting for you on the vehicle. Gives us the flexibility to overcome potential travel delays and helps ensure ample time for sightseeing on your arrival day.
- Self guided tour of United States Air Force Academy Chapel and Visitor Center.
- Driving tour of Garden of the Gods with a picture stop at Balanced Rock.
- Check in to the Marriott Hotel in Colorado Springs where there's lots to do (indoor/ outdoor pool, gift shop, fitness room, ping pong, corn hole, basketball and more).
- Spend the afternoon poolside or play basketball with your crew and other Scouts from all over the country--this is some Scout trip!
- Dinner at the hotel is good food and lots of it!
 An "all you can eat", Scout friendly buffet!

August 9, 2019

- Hot, full breakfast buffet!
- Review your homebound departure day pick up procedures.
- All aboard the Blue Sky Express! You will be at Philmont by 10:00 AM.

August 16, 2019

- Depart Philmont on the 7:30
 AM Blue Sky Express. Exact departure time may change based on our transportation schedule.
- Lunch! Enjoy a meal you don't have to mix with water!
- Arrive Denver Airport by 1:30 PM.







\$1800 Cost Estimate

- All attendees have paid \$1200 todate (3 payments)
- \$300 payment 4 will be due in March
- \$300 payment 5 will be due in June
- Expect at least one fundraiser to be used to offset the cost of the trip.
- If we stay on budget, and make money on our fundraiser(s), money will be returned to each attendee after the completion of the treks.
- Troop 1 will also subsidize at least \$100 towards this trip. Again if we stay on budget, money will be returned to each attendee after the completion of the treks.

\$1800 Cost Estimate Includes

- Philmont reservation (the treks...)
- Round Trip Airfare + checked bag fees
- Troop supplies necessary for Philmont
- Shipping costs for supplies to be sent to/from Philmont
- Transportation from/to Brewster to LGA (TBD)
- Transportation, meals and hotel from/to Denver to/from Philmont
- Any gratuities needed for tour & transportation
- Supplies while at Philmont

Scouts should plan to bring their <u>own</u> spending money for: Est. \$50-\$100

- Souvenirs
- Trading Post
- Food while in Denver or at the airports





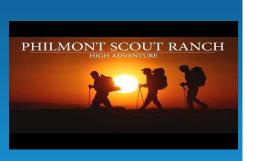
- All participants will need to be able to be independently responsible to manage their gear and will need to be collaborative in caring and carrying the groups' gear and need to be able to physically handle the hiking.
- Troop gear and food will be split equally between each person.
- Spend the time to minimize your personal gear and assure that there is enough room to carry the Troop gear and food.
- Minimum 12 preparatory hikes with full-packs required between Summer 2018 and Start at Philmont (One per month minimum. Required).

- We will take those Scouts who are willing to:
 - PREPARE FULLY
 - CHALLENGE THEMSELVES
 - Those Scouts who live the Scout Oath and Law.
 - We expect to take only Scouts who have good standing in School, in the Community, and in the Troop.
 - We expect to take Scouts we can trust.
- The Leaders of Troop 1 reserve the right to make decisions whether or not a Scout can participate.
- We need to remind you that we expect you to be fully involved in Troop meetings, outings as well as the preparatory hikes.
- Some of you have attended hikes and no Troop meetings, some are not attending the minimum number of hikes.
- This will jeopardize your place on the Philmont team. We need to know immediately if you cannot meet the participation criteria above.



From Philmont Shakedown Guide: Physical Preparedness

"Height/Weight Chart"



Height (inches)	Max Weight	Height (inches)	Max Weight
60	166	70	226
61	172	71	233
62	178	72	239
63	183	73	246
64	189	74	252
65	195	75	260
66	201	76	267
67	207	77	274
68	214	78	281
69	220	79 & Over	295





- "It is crucial to successful individual and crew experiences that hikers are in strong physical condition for their Philmont trek. In order to get into physical shape that is appropriate for a Philmont trek, crew members need to start exercising at least eight months in advance. The most important aspects to focus on are aerobic/cardiovascular and lower body strength. Here are some activity suggestions for getting in shape:"
- NOTE: Higher altitude requires extra prep





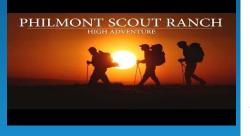
From Philmont Shakedown Guide: Physical Preparedness

- "Go to your local high school football stadium and run/walk up the bleachers for an hour-long session twice a week. Turn it into a crew experience and have every crew member join, ensuring that everyone is in great shape. Once this activity becomes easy for you, bring your fully loaded backpack with you to get an idea of how your pack will feel, allowing you to tinker with your pack and figure out which settings work best."
- "Go cycling twice a week. The distance is up to you: the leg workout combined with the cardiovascular aspect makes cycling a great preparation activity for backpacking."





- "Keep track of your exercises by recording a logbook and post the activities you did over the past week on a crew-wide board at each troop meeting. This will let others know how dedicated you are to your trek and your crew and it will keep everyone accountable for getting into shape."
- "In addition to physical activity, eating right will go a long way in helping you get in shape for Philmont. A balanced diet is essential to healthy living and as Scouts we have all pledged to keep ourselves physically strong. It is crucial that all crew members – youth and advisors – be in excellent physical condition for their trek:...."





From Philmont Shakedown Guide: Physical Preparedness

 "...The crew will be able to get to camp faster and have more time for program opportunities such as rock climbing, shooting, horseback riding, etc. while also having more energy in general. The hard work put into exercising now will pay off tenfold by the time of your trek."











Scout Assignments...

Rooms				
	Scout 1	Scout 2	Scout 3	Scout 4
Room 1	Greg	Mike S	Anthony	Riley
Room 2	Nick H	Andrew	Liam	Kyle
Room 3	Steve S	Steve M	Matt C	
Room 4	Anders	Keith	Gian	Paul S
	Adult 1	Adult 2		
Room 5	Perry			
Room 6	Stan	Steve S		
Room 7	Adam	Evan		
Room 8	Steve M	Bill		

Leadership Positions

- Adult Leaders Stan, Adam, Perry, Bill, Steve M, Steve S, Evan
- Reservation Contact Perry
- Lead Advisors Stan & Adam
- Wilderness Pledge Guia Matt & Keith

Gregory

- Chaplains Aide Andrew & Liam
- Crew Leader Mike & Nick
- Rotated leadership responsibilities for the crew include: navigator, cook, dishwasher, bear bags manager, water gatherer, and fire watchman (when fires are permitted)

Treks & Tents

Itinerary 7-1

	Perry	Verrino	1
	Steve	Santamorena	1
	Stan	Haywood	2
_	Nicky	Haywood	2
	Steven	Santamorena	3
	Anthony	Consentno	(3)
	Gian	Cercena	4
	Paul	Schmidt	4
	Andrew	DiFabbio	5
	Matt	Clark	5

Itinerary 7-2

GI CBOI y	Guarria	
Michael	Seaman	6
Adam	Payne	7
Steve	Mattson	7
Bill	Roll	8
Anders	Roll	8
Evan	Payne	9
Liam	Payne	9
Steven	Mattson	10
Riley	McCullough	10
Keith	Rusinko	11
Kyle	DeSantis	11

Guarna









On-line Registrations General Release, Code of Conduct, Medical Forms...

			Δ										
rt A: Informed Consent, Release Agre	eement, and Authoriz	zation	_										
name:	High-adventure base Expedition/crew No.: or staff position:		Part B	: General Information/Healt	h History		В						
B:	or state position				High-adventure base participar								
med Consent, Release Agreement, and Authorization	With appreciation of the dangers and ri- activities, on my own behalf and/or on a completely release and walve any and a	behalf of my chil	Full nam	10:	Expedition/crew No.: or staff position:	Dat	t R. C	onoral	Informat	tion/Healtl	History		C
including death, due to the physical, mental, and emotional challenges in the is offered, information about those activities may be obtained from the venue, coordination, or your local council. I also understand that participation in	loss that may arise against the Boy So activity coordinators, and all employees organizations associated with any prog	outs of America, s, volunteers, rel ram or activity.	DOB:	Gender:	Haght (inches);	rai	t b. u	oner a	miorma	uon/nean			
chilities is antitraly voluntary and requires participants to follow instructions de by all applicable rules and the standards of conduct.	I also haraby assign and grant to the local as well as their authorized representatives, publish the photographs thry kilootoposius	council and the I	Address		ZIP codu: Takephone:	Full	name:				Exp	h-adventure base participants: dition/crew No.:	
of an amergancy involving me or my child, I understand that efforts will a to contact the individual island as the amergancy contact person by doe provider and/or adult leader. In the event that this person cannot be	publish the photographs/film/vickotopes/s recordings made of me or my child at all 5 the Box Scouts of America, the local cour-	locuting activities,	Unit laster:		Mobile phone:	DO	B:				or st	aff position:	
 permission is hereby given to the medical provider selected by the adult in charge to secure proper treatment, including hospitalization, asserthesis. 	omployees, volunteers, related parties, or of the activity from any and all liability from su- authorize the reproduction, sale, copyright	other organization ich use and publi		Me:	Unit No.:	Alle	ergies	Medi	cations	on to any of the tollows	_		
or injections of medication for me or my child. Medical providers are used to disclose protected health information to the adult in charge, camp al staff, camp management, and/or any physician or health-care provider	and/or distribution of said photographs/file and/or sound recordings without limitation	ns/videotopes/sites at the discretion		Planta attach a photocopy of both sides o	of the insurance card. If you do not have medical ins				eactions	Explain		Allergies or Reactions Explic	alls
d in providing medical care to the participant. Protected Health Information/ onlial Health Information (FH6CH) under the Standards for Privacy of	specifically walks any right to any company		4	enter "none" above.			☐ Mad	lication				Plants	
ally identifiable Health Information, 45 C.F.H. 9§160.103, 164.50 ¹ , etc. I amended from time to time, includes examination findings, test results, and int provided for purposes of medical evaluation of the participant, follow-up	NOTE: Due to the nature activities, the Boy Scout- councils cannot continua of program participants	s of America an ally monitor con		emergency, notify the person below:	Polationships		Poor		rooth used in	clution any own	r-the-counter medic	Insect billionistings	
mmunication with the participant's parents or guardian, and/or determination articipant's ability to continue in the program activities.	Imposed upon them by p providers. However, so the	orunts or madii	Address		Home phone: Other phone:						LY TAKEN. DIF	ADDITIONAL SPACE IS NEEDED, PL	
cable) I have carefully considered the risk involved and hereby give my of consent for my child to participate in all activities offered in the program. In authoritie the sharing of the information on this form with any ISSA volunteers.	familiar as possible with restrictions imposed on a connection with program	a child participa	Atlantate cont		Alternativ's phone:			kation	Dose	Freque		DICATE ON A SEPARATE SHEET AN	D ATTACH.
estands who need to know of medical conditions that may require special ration in conducting Scouling activities.	List participant restrictions, if any:	Norw	Do you cumun	History By have or have you over been treated for any of the following	g ²						-		
			You No	Condition	Explain Last HbA1c percentage and date:								
istand that, if any information lives have provided is found to be inaccurate, if m foogating at Philonom, Philinom Training Certar, Northern Tair, Florida Sea Base Wooker, including health and wealth recurrents and restrictions, and underst	or the Summit Dorthol Danamer, I have also	most and covered		Hypertunsion (high blood pressure)		_							
visionies, including height and weight sugatements and restrictions, and underst ms if those requirements are not met. The participant has permission to engage care provider. If the participant is under the age of 18, a parent or guardients sig	o in all high-adventure activities described, exc grature is required.	sept as specifical		Adult or congenital heart disease/heart attack/chest pain (anginal/heart murmus/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.									
				Family history of heart disease or any sudden heart- niteded death of a family member before age 50.		O 11	es 🗆 No	Non-pro	ecription medicati	on administration is	authorized with these ex-	aptions:	
orifs signature.	Cletto			Stroko/TVA Anthrea	Last attack date				katons is approved				
guardian signature for youth:	Cierlo	·	00	Lunghophstory choses	Contractor Contractor			Par	unt/guardan signatur	•	MD/DO	ND, or FA signature (If your state requires signature)	
(If participant is unec	or the age of to)			COPO Estimatorhosphinus problems			Brin	g enough	h medications	in sufficient qua	ntities and in the or	iginal containers. Make sure that the NOT STOP taking any maintenance	ey I
peront/guardian signature for youth:	Clarks			Muscular/skelatel condition/muscle or bone issues			med	ication u	inless instruct	ed to do so by y	our doctor.		•
(If required; for oxar			88	Head Hjurytonouskn			muniza						
nplete this section for youth participant s Authorized to Take to and From Events:	ts only:			Psychiatris/psychological or emotional difficulties		The tol	flowing immun the distance or	trations are a starm and its	recommended by the of the date. If immuni	o BISA. Totanus immur irod, check yes and pr	tration is required and must ovide the year received.	have been received within the last 10 years. If you	
at designate at least one adult. Please include a talephone number.	Name		88	Buhavioni/heurological disorders Blood disorders/sickle cell disease		Yes	No Had	Disease	Minus	untzation	Date(s)	Please list any additional info about your medical history:	ormation
rs.	Takephone:			Fainting spals and distinoss			H	-	Notanus Partussis		1	_	
s NOT Authorized to Take Youth To and From Events:	180			Ridney disusse Selturus	Last seizure date:			_	Operavira				
	Name:			Abdominal/stomact/digustive problems		무	8	_	Musikumumpuhut Polo	oda	1		
ne:	Salophone:		800	Thyroid disease Excessive fallgue		H	H		Chicken Pox			DO NOT WRITE IN THIS BOX	
			99	Obstructive sixep aproxisioop disorders List all surgetus and hospitalizations	CPAP: Yes O No O Last surgery date:			_	Hopatitis A			Reviewed by	
Prepa	ared. For Life."		8 8	List all surgeries and hospitalizations List any other medical conditions not covered above.	North Street Street,	-		-	Hapattis (I) Marinatis			Further approval requires This	
@pv					Prepared. For Life."	Ö		_	influerea			Further approval requires:Tos Reacon	
				V-3X		<u></u>			Other (so., HB)			Approved by:	
									Examplion to immur	stations from require	d)	Date:	
													6x0.00 30x4 Presin







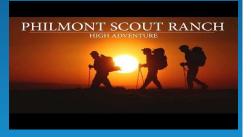
On-line Registrations General Release, Code of Conduct, Medical Forms...

- Date of Birth, Ethnicity, Religion
- Height, Weight, Contact Information

Philmont Registration Information ALL FIELDS REQUIRED SCOUT INFORMATION First «First_» Last «Last» «Address» City, State Zip «City_», «State» «Zipcode» «Cell Phone» Scout Cell Scout eMail «Email Address» Scout Rank «Scout_Rank» «Program» Tent Assignment «Tent» Room Assignment «Room» Crew Position for the Trek «Crew_Position» Wilderness Survival Training «Wilderness_First_Aid» CPR Certification «CPR Certified» Grade Completed by Trek «Grade_Completed_By_Trek» Height (Inches) «Height_Inches» Weight (Pounds) «Weight» Ethnicity (Select one) «Ethnicity» **Religious Preference** (Select one) «Religious_Preference» PARENT INFORMATION Parent Name(s) Emergency Contact(s)

Rel	ease form - Bl	ue Sky Adventures
	Blue St	ky Adventures, Inc.
	RELEA	ASE OF LIABILITY
	"Activities") organized by or made available the dangerous, involves the risk of serious july; ye, in the Participant incurring direct, indirect or con expenses (including costs associated with mixes for all such risks arising out of participation in the and indemnify Blue Sky and each of its sharehocosts, expenses, losses and dumages incurred by The Participant acknowledges that this Release entered into without any inducement, assurance.	(f) acknowledges that participation in any activities (the torough Blue Sky Adventure, inc. (Films Sky)" is potentially recoperly damage, property loss and/or death, and could result neceedarily of the continues of the conti
	Print Participant Name	Age
	Participant's Signature	Date:
	Participant's E-mail Address	
	I am the parent or legal guardian of the above- behalf of the Participant, who is a minor child terms and legal consequences, and fully under rights. I acknowledge that this Release of Liabi into by me without any inducement, assurance. as a complete and unconditional release of all hold harmless and indemnify Blue Sky and use	AL GUARDIAN IF THE PARTICIPANT IS A MINOR samed Participant and am signing this Release of Liability on 1. I have read this Release of Liability, am familiar with its tand that by my signature below I have given up substantial lifty is binding, and it has been freely and voluntarily entered or guarantee. Further, it is my intent that this instrument act liability to the greatest extent allowed by law, and I agree to the of fits shareholders, employees and agents from all liability ages incurred by the Participant arising out of participation in
	Print Parent or Legal Guardian Name	Relationship to Participant
	19	Date:
	Parent or Legal Guardian Signature	







On-line Registrations General Release, Code of Conduct, Medical Forms...

Philmont Code of Conduct Form

0. 1. 2. 3. 4.	the program leader. I will review and become familiar with all the materials, forms and prerequisites for this trip in order to interpret the the boys and their families. I will provide all information and forms required, such as health records, emergency contacts, releases, etc by the dates required. I will follow Brewster Troop 1, Westchester-Putnam Council and local safety rules and regulations at all times. I understand and accept that all decisions are made for the benefit of the group as a whole. are of adult leader participant: Date:
1.	I will review and become familiar with all the materials, forms and prerequisites for this trip in order to interpret the the boys and their families. I will provide all information and forms required, such as health records, emergency contacts, releases, etc by the dates required. I will follow Brewster Troop 1, Westchester-Putnam Council and local safety rules and regulations at all times.
1.	I will review and become familiar with all the materials, forms and prerequisites for this trip in order to interpret the the boys and their families. I will provide all information and forms required, such as health records, emergency contacts, releases, etc by the dates required. I will follow Brewster Troop 1, Westchester-Putnam Council and local safety rules and regulations at all times.
1.	I will review and become familiar with all the materials, forms and prerequisites for this trip in order to interpret the the boys and their families. I will provide all information and forms required, such as health records, emergency contacts, releases, etc by the
1.	I will review and become familiar with all the materials, forms and prerequisites for this trip in order to interpret the the boys and their families.
	I will review and become familiar with all the materials, forms and prerequisites for this trip in order to interpret the
).	
	During programs, I will respect the freedom of each participant (boy or adult) to make his own choices, when offere
	during emergencies and for their safety at all times) and will not leave them alone at any time.
9.	I will always provide supervision to our group throughout the trip (especially taking responsibility for the boys' wel
8.	I will report any violation of the above rules promptly to the Unit Leader and Committee Chair.
7.	I will refrain from smoking/vaping in the presence of the boys.
6.	I will abide by all of the above.
or al	ll adults leaders accompanying the Boy Scout trip.)
	Date:
	ure of parents(s)/guardian(s):
under	rstand and agree with the above responsibilities of my son.
ionati	ure of boy participant: Date:
am fa	miliar with the plans and purposes of this Boy Scout Troop group trip and agree to participate in all aspects of the tri
5.	I understand that Westchester Putnam Council will be notified of any serious misconduct.
4.	While outdoors, I will help preserve the natural and man-made environment. I will show respect and courtesy.
	mindful of the impact I may have on other visitors.
3.	I will respect the rules, policies and procedures at any attractions, sites and recreation facilities I visit, especially being
2.	I will be quiet and courteous in restaurants and eating establishments.
,	hotel also!
1.	I will be neat and quiet in the hotel as a courtesy to other travelers and to the facility. Leave No Trace applies to the
0.	I agree to be prompt for all group/troop activities.
0	
	If I am asked to leave the trip and return nome, my family will be responsible for all expenses to return nome. I will receive any refund.
	If I am asked to leave the trip and return home, my family will be responsible for all expenses to return home. I will
	I understand that the use of tobacco, vaping, alcohol, or illegal drugs will not be tolerated and that usage during the t could result in expulsion from the trip.
	I agree to take my snare of daily responsibilities. I understand that the use of tobacco, vaping, alcohol, or illegal drugs will not be tolerated and that usage during the t
	I agree to take my share of daily responsibilities.
	damages to any equipment in the event that my use of such equipment is negligent or abusive.
	I will treat all equipment and supplies provided for my use with care. I understand that I will be assessed for loss of
	I will be responsible for my personal belongings.
	I will obey all laws, ordinances and rules set by local authorities.
	I will follow all procedures and safety rules set by all Brewster Troop 1 Leadership, event leadership, and hotel offic
	I will respect the places and people with whom I come in contact.
	I will be considerate to the needs of each group member.
	I will obey the Scout Law, Scout Oath and Scout Outdoor Code at all times.
couts	who may visit in the future, I agree to abide by the following:
	fect the good reputation of all Boy Scouts. For the good of the trip as well as my fellow Troop members and other
ill aft	stand that my attitude and behavior are critical to the success of our trip to Philmont. I also understand that my beha
	Agreement for Scouts and Adult Leaders (Required for all participants)
ull aft	

Permission slip to be used for the Trip and double as a consent form to take minors on the flights. We will have this completed closer to the departure date

Do we need signed consent forms from parents in order to take minors on the flights? In general, children traveling without their parents in the United States do not require the parents' written permission. It can still be a good idea to provide "permission to travel" documents for minor children however. Custody agreements sometimes restrict the right to travel, while many foreign countries have stringent requirements on documentation for adults traveling with minors who are not their children. In addition, your child might need identification and a medical consent form.







Sewing Kit

Tent Stakes

Water Container 2.5 gal

Backpacking Stove

Fuel Bottle/ 1 QT

Fuel Funnel

First Aid Kit

Duct Tape

Spices

Waterproof Ground Cloth

Nylon Cord

Sunscreen

Insect Repellent

Water Purifiers/Filters

Multi-Tool

Trowel/Shovel

Carabiner

Tents

Ground Cloth

Fly

Food

Common Troop equipment will be shipped to Philmont from Brewster.







Read the Philmont 2019 Guidebook to Adventure: www.philmontscoutranch .org



What each attendee should bring...

Philmont Recommended Personal Gear:

- Fully packed backpack will be checked as baggage at LGA.
- Laundry bags will be purchased through the Troop. Each backpack will be placed in a laundry bag to prevent any damage to the straps or pack.
- 1 backpack, 65 to 85 liter size, has to have a padded hip belt.
- 1 waterproof pack cover
- 1 pair boots make sure they fit and they are broken in. Waterproof is recommended. Mid to high-top is recommended.
- 1 pair camp shoes/stream crossing shoes - old sneakers, etc.
- 1 sleeping bag. 20 degree ratings.
 Down or synthetic, but synthetic is recommended. 5 lb max weight.
- 1 waterproof stuff sack for sleeping bag
- 1 sleeping pad

- 1 pair lashing straps to attached sleep pad or sleeping bag to backpack.
- 1 camp pillow. Optional. Some people just stuff clothes into a stuff sack.
 Some people purchase inflatable, lightweight camp pillow. Some do without.
- 3 pair socks. You can field wash them as need. No cotton. Merino wool is the most popular and is antimicrobial.
- 2 pair sock liners to prevent blisters.
- 1 hat (wool or fleece)
- 1 pair glove liners
- 1 baseball cap or wide-brimmed hat
- 1 set (top & bottom) good quality rain gear. No ponchos.
- 3 pair underwear
- 1 set long underwear, wool or synthetic.
- 1 long pant (no jeans or cotton)
- 2 pair short (no cotton)



Read the Philmont 2019 Guidebook to Adventure: www.philmontscoutranch .org



What each attendee should bring...

Philmont Recommended Personal Gear:

- 1 Fleece (mid layer)
- 1 top layer jacket
- 2 short sleeve shirts (synthetic)
- 1 long sleeve shirt (synthetic)
- 1 set sleeping clothes. You'll get dirty and sweaty all day, and then cook in them. You don't want that in your sleeping bag. You'll smell bad to humans, and good to bears. Bring gear that is sleeping-only.
- 1 pair sunglasses
- 1 headlamp/flashlight with extra batteries
- 1 multi-tool or pocketknife
- 1 matches/lighter
- 1 pair trekking poles with rubber tips (optional)
- 1 set Philmont maps
- 1 compass
- 1 bandana or buff
- 1 toothbrush

- 1 toothpaste
- 1 biodegradable soap
- 1 small camp towel
- Personal medication
- 1 watch
- 1 camera
- 1 whistle
- 1 foot powder
- 1 bowl
- 1 mug/cup
- 1 spork
- 4 1-quart water bottles
- 1 lip balm with SPF 25+
- 6-12 ziplock baggies to hold clothing and gear
 2-3 stuff sacks
- 1 notepad & pen
- Cash (\$50-\$100)



Read the Philmont 2019 Guidebook to Adventure: www.philmontscoutranch .org

What each attendee should bring...

Philmont Recommended Personal Gear:

Important odds and ends:

- No glass or aerosol cans.
- No deodorant.
- Expect temps anywhere from 100 degrees down to freezing.
- Convertible pants/shorts are a good option for backpacking.
- Having the right gear, in terms of material (wool, synthetic) and weight, can be the difference between a comfortable trip and an uncomfortable trip.
- Personal water filters are optional.
- Sunscreen and bug spray are supplied by the crew, no need for individual supply.



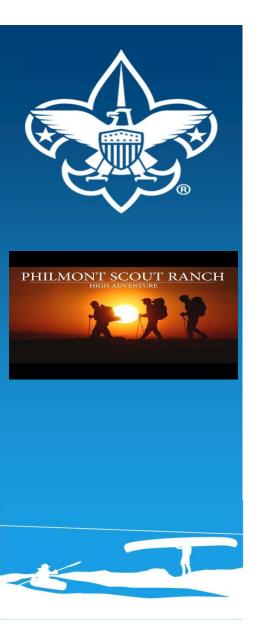




- Think minimalist. Weight matters.
 The lighter your load, the more enjoyable your trip will be. All participants will be expected to carry their fair share of group gear, so it is of utmost importance to pack as light as possible. Specific weight guidelines will be provided at a future date.
- If you bring too much, items will likely be removed during the final shakedown at Philmont. Don't wait until then to minimalize!
- Maximum checked bag weight is 50 lbs. Max checked bag is 62" total of Length + Width + Height
- Pack in ziplock bags so it is easy to find your clothing and supplies

- When packing your backpack: place the heavy gear along the spine and close to your body to keep the center of gravity forward and low.
- Lighter gear should be packed at the top of the backpack and on the outer edges of the main compartment.
- Sleeping bags usually fit at the bottom of the pack.
- Avoid having loose/dangling gear, as it is more likely to get caught in vegetation and requires you to exert more energy to offset its swaying motion.





Questions?